

Walk. Ride your bike. Take public transit. Carpool. Combine errands and drive less. Encourage your kids to walk, bus or bike instead of driving them. *On average, a single American driver pours 6 tons (12000 lbs) of CO2 into our atmosphere every year.* **Turn off your engine instead of idling in traffic.** *Eliminating unnecessary idling of personal vehicles in the US would be the same as taking 5 million cars off the roads.* **Lower your thermostat and put on a sweater. Turn down the heat at night and when you're not home. Buy a programmable thermostat. Insulate your walls & attic. Seal spaces where air (heat) leaks out of your home.** *After transportation, heating and cooling homes is how individuals contribute the most to climate change.* **Plant a tree. Plant lots of trees.** *Trees pull carbon out of the atmosphere.* **Eat less beef.** *Red meat uses 28 times more land and 11 times more water than pork or chicken.* **Fly less. skype more.** *One round-trip flight from Seattle to New York creates a warming effect equivalent to 2 or 3 tons of CO2 per person.* **Buy carbon offsets for your flights. Move closer to work. Drive a smaller, more fuel-efficient car.** *Use chains in the snow, use a bike rack or ski rack, use a rooftop cargo carrier, rent a bigger vehicle when you need it.* **Drive a pure electric car** *and never go to the gas pump.* **Purchase an energy efficient furnace and get a tax credit. Purchase green power from a utility company. Install solar panels on your home. Contact your representatives and tell them you want good clean energy policies.** **Buy energy efficient home appliances. Replace your light bulbs with LEDs.** Turn off your lights. Use less electricity. Use a laptop, not a desktop computer. Plug your electronics into powerstrips and turn them off when not in use. **Divest from companies and banks that invest in fossil fuels.** Get involved with a local climate group.